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3 September 2015

Associate Principal's Column

What is social and emotional learning all about?

School is not only about reading, writing and numeracy. It's also about making friends, learning how to work with others and knowing how to be responsible for yourself. Knowing how to manage feelings and getting on with others are important skills for everyone. Parents and carers are the most important first teachers of this learning in early childhood. They continue to be role models and the main teacher of social and emotional learning throughout their child's life.

There are many opportunities for social and emotional learning in the school community. Having social and emotional skills helps children to reach their potential at school. Social and emotional skills help school children settle in the classroom and get on with learning. Useful skills to learn include:

- coping with frustrations and worries
- getting along with others
- solving problems.

The kinds of social and emotional skills that are important for children to develop have been identified by researchers as

- **Self-awareness** – understanding feelings and self-confidence
- **Social awareness** – respecting and understanding others and appreciating differences between people
- **Self-management** – managing emotions, being able to set goals and stick to them
- **Responsible decision making** – choosing wisely and thoughtfully
- **Relationship skills** – cooperating, communicating, making friends and resolving conflict.

As part of a KidsMatter primary school, and in line with our school vision of Caningeraba being a community committed to educating happy, healthy, confident 21st century learners, our school will focus on the explicit teaching of social and emotional skills to all students. Many of you would have attended the afternoon parent session where we had James Ryan on "Building a Better Brain" which is the beginning of Caningeraba building explicit social and emotional lessons into our curriculum. Many lessons are learnt by students at school

through the normal "run" of a school day but when we committed to being a KidsMatter school, we committed to teaching those social and emotional skills explicitly in our community. We have also begun "MindUp" lessons within many different classrooms in the school. Research shows that children benefit most from social and emotional learning when it is taught in regular school lessons and matched to children's learning stages. We look forward to sharing more of what we do in social and emotional learning in the future. Keep a look out for the KidsMatter information to see what we are doing!

Maria Mott, Associate Principal Years 5 & 6

Music Advocacy

According to Richard Gill, "teaching children music is a way to their mind, their spirits, their hearts and their imaginations". There is an incredible amount of research now about music and the brain. Music has a wonderful effect on the brain. It is hard-wired for music. Music can generate emotional reactions. Richard Gill continues, "It's through music, this abstract thing we call music, that we give a child the greatest possibility to use the mind in the most creative way. It is, without doubt, the one arts area which demands a high level of focus, concentration and intense thought. And it's from music we actually have a key to creativity."

Music Class of the Week

Class	Achievement
Prep B	Displaying whole body listening
1O	Composing and matching lyrics to a 4 beat rhythmic pattern
2P	holding "taa"s for the time of a whole beat
4B	marching those saints to perfection (i.e. playing "Oh When The Saints Go Marching In")
5P	working extremely hard practising for their Ukulele assessment.

Lost Property.

Due to the warmer weather there is an ever growing number of lost jumpers here at the office and as they are unnamed we are unable to return them to students. Please come and have a look through the box, or ask your child to do so, to see if one may belong to your child.

We are also drawing to the end of the school term therefore any jumpers that are not collected by the last week of this term, will be washed and given to the uniform shop to re-sell as 'pre loved' items.

Library Thank You

Thank you to the Bristow family for their kind donation of books to the school library.

Summer Interschool Sport News

The summer season of interschool sport commences this Friday and runs for the remaining 3 weeks of term 3, concluding on Friday 20 November. Caningeraba will be fielding teams in girls touch, boys Oztag, girls and boys basketball, cricket plus providing the options of tennis and gymnastics on an intra-school basis.

The draws have been a little slow coming through with the specific times for Oztag and touch not yet provided. Please find details below.

A big thank you to all teachers who are giving up numerous hours to prepare our kids for the various sports. Most mornings on the oval are a hive of activity. Again we encourage parents to come along to a venue and support our teams.

Tony Carlton, PE Teacher

Summer Interschool Sport Draw – Friday 4 September

GIRLS BASKETBALL

Senior A – Burleigh Heads SS 1:30pm

Senior B – Caningeraba SS 1:30pm

Junior A – Burleigh Heads SS 12:40pm

Junior B – Caningeraba SS 12:40pm

BOYS BASKETBALL

Senior A – Burleigh Heads SS 1:30pm

Senior B – Caningeraba SS 1:30pm

Junior A – Burleigh Heads SS 12:40pm

Junior B – Caningeraba SS 12:40pm

BOYS OZTAG

All matches every week at Mallawa Drive, Palm Beach. (no draw received yet)

GIRLS OZTAG

All games every week at Robina Common, Ron Penhaligon Way. (no draw received yet)

CRICKET

No game this week. Students involved in a coaching clinic run by Qld Cricket at Mudgeeraba SS.

TENNIS

Christine Ave. courts every week 12:30 – 1:30pm

GYMNASTICS

School hall every week 12:30- 1:30pm

School Banking News

Congratulations to Prep White for being this week's best class bankers! Who will it be next week?

Congratulations to the following students who have made 10 deposits and received a bronze certificate:

Nicholas 4B	Laila 3B	Isaac 1S	Zane 3G
Jade 1/2R	Jacob 1M	Summer PB	

Congratulations to the following students who have made 20 deposits and received a silver certificate:

Charlotte 4G	Madison 3P	Summer 3P	Javian 1P
Aoba 1S	Zac 1S	Indiarna 1O	Charlize 1B
Jaiyden PS	Lola PM	Lola 1/2R	Lucas PS
Jake PS	Tayla PG		

Student of the Week

Congratulations to the following students who have received a student award at their assembly.

6B	Josh	5.6M	Maddison
1M	Emily & Mei	1S	Jaime & Isaac

Diary Dates

REMINDERS:

1. Summer Interschool Sport payments are overdue and payable now.
2. Prep Raw Art payment of \$8.50 due by 10:30am Friday 4 September.
3. Yr 4 Swell payment of \$17.00 due by 10:30am Monday 14 September.
4. Years 1 – 3 Swimming payment of \$20.00 due by 10:30am Friday 23 October.
5. Please phone our hotline on 5568 6388 for ALL up to date information on excursions, interschool sport draws, athletics and cancellations due to weather.

Date	Year Level	Activity
Friday 4 September	Yrs 5 & 6	Summer Interschool Sport
Friday 4 September	Yrs P-4	Indigenous Art Lessons
14 – 18 September	All	Disability Awareness Week
Tuesday 15 September	4B & 4M	Swell Festival
Tuesday 15 September	All	P&C Disco
Wednesday 16 September	Various	Parliament House visit
Wednesday 16 September	4S & 4G	Swell Festival
Wednesday 16 September	SEP	Swimming Fun Day
Thursday 17 September	Various	Afternoon tea for Indigenous families
Friday 18 September	Yrs 5 & 6	Summer Interschool Sport
Monday 5 October	All	Labour Day Holiday
Tuesday 6 October	All	Term 4 commences
Monday 19 October	All	Student Free Day

Snack Shack Roster

Date	Names
Monday 7 September	Tasmyn
Tuesday 8 September	Cheryl
Wednesday 9 September	Greta
Thursday 10 September	Marnee
Friday 11 September	Maureen & Rikki-Lee

Katrina and Michelle, Tuckshop Convenors

Community Notices

Surfers Paradise Kids Week 19 – 25 September

This is a week of free, family friendly events in Surfers Paradise celebrating all thing kids! Performances include – Minions (daily shows), Blinky Bill, Ronald McDonald, Barbie, Bananas in Pyjamas. Coupled with kids' rides, fitness and activities. So pack up the kids, get into Surfers Paradise, and take part in the children's event of the year. www.surfersparadise.com

School Holiday Tennis Camps

Burleigh Heads Tennis Club, Matilda Street, Burleigh Heads. Included – morning tea/lunch, tennis racquets, loads of tennis and fun. Monday 21st September to Friday 25th September - 9am to Midday; Monday 28th September to Friday 2nd October 10am to 1pm.

Bookings: Please ring Michael Stevens on 0435 015 229 or email on burleightennis@yahoo.com.au

Tennis Central School Holiday Fun

Games + Technique + Fun + Prizes + Matchplay. Join us on 21 September for 3 days from 9am – 3pm each day at Miami State High School. Find out more – www.tenniscentralmiami.com

Qld Child Protection Week

Come along and learn how you can keep kids safe. Monday 7 September 3pm-5:30pm, Memorial Park, Connor Street, Burleigh Heads. Bring a hat and sunscreen and join us for an afternoon of family fun. Games, live entertainment, obstacle course, face painting, information stalls, boomerang competition and free sausage sizzle. Phone 5656 8600 for further information or email burleighcpw@actforkids.com.au

PEACH Program

Families can now sign up for the free healthy lifestyle program called PEACH. Topics covered include nutrition skills, reducing screen time and being more active as a family. The program will be held on Tuesdays in term 4 from 4:30-6pm weekly at Coomera Springs State School. For further information phone 1800 263 519 or visit www.peachqld.com.au

QAS Burleigh Ambulance Station Open Day

For members of the community from 10-2pm this Saturday 5 September. The station will be open to look through as well as various QAS vehicles, a sausage sizzle will be available and a jumping castle as well as free CPR awareness demonstrations- a great time to learn a lifesaving skill that will only take five minutes of your time.

www.ambulance.qld.gov.au Phone – 13 74 68.

Visit Our Website

We encourage our parents, carers and family members to visit our website, to see ongoing class activities. www.caningerss.eq.edu.au

Sheryll Eades, Website Coordinator