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9 September 2015

Associate Principal's Column

Our school is certainly a very busy place with lots of people working different and varied jobs but they come together to form part of the larger "Caningeraba team". Of course, as parents and caregivers, you would be very aware of the great work and dedication of our class and specialist teachers. But our school team here at Caningeraba includes many other support people who help make our place one of which we can be so very proud.

On Monday, we held a morning tea in recognition of the great work that our "School support Staff" provides to not only the children but to teachers and the wider school community. From the minute you walk into our school you are greeted with friendly faces from our office staff who greet new parents and latecomers, take excursion money and answer many, many queries from various people, just to name a few tasks. Our teacher aides work tirelessly both in and out of the classrooms providing support to all children and teachers at our school whether it be through individual or group support in class, a smile or helping hand in the playground, to the many and varied preparation jobs for our classroom activities. Our groundsman and cleaners help to make Caningeraba a place to be very proud of through their commitment to the overall presentation and cleanliness of our school. Their support and dedication to not only the students at our school but to the wider school community is very much valued and appreciated. To our support staff, we say a very big Caningeraba "Thank You" from the bottom of our collective hearts.

On Tuesday we celebrated National Health and Physical Education day. In our busy day to day lives it can be quite easy to forget the importance of regular physical activity for our students. Being physically active is good for kids' health, as well as being a great way for them to make friends and to develop physical and social skills. The old adage "Healthy body, healthy mind" is just as relevant today as it has always been.

Physical activity is any activity that gets children moving, makes their breathing become quicker, and their hearts beat faster. Children can be physically active in many different ways, at any time of day. Conversely, sedentary activity is characterised by sitting or lying down (except for when sleeping). The use of electronic media can be a big contributor to children's sedentary time.

The benefits for physical activity include social benefits like developing skills such as co-operation and teamwork, improving concentration and helping to manage anxiety and stress. Physical activity promotes healthy growth and development and improves overall fitness, including co-ordination and movement skills. Today's world is full of electronic devices and things designed to make our lives easier but, in doing so, have perhaps limited our active lifestyles. The key is to find a healthy balance and limit time spent in front of a screen for entertainment.

With the warmer weather approaching, now is a perfect time to "move more and sit less". Some ideas for the whole family to become physically active include going for bike rides together, going to the beach, enjoying a walk together, playing a game of soccer or just kicking the ball around. Whatever it is ... enjoy the great outdoors!

As I prepare to hand the reins of Associate Principal back to Mrs Heiser after the holidays, I feel very fortunate to have had this opportunity to learn so many new things. I want to thank all the children, teachers and staff who have helped me in so many ways this term. I have really appreciated the support.

Kind regards,

Mary Jane Leak, Acting Associate Principal Prep to Year 2

Term 3 Disco

This term the Disco will be held on Tuesday 15 September (not this Thursday). The theme for the Junior Disco (Prep to Year 3) is Princesses and Pirates, and the Senior Disco (Years 4 to 6) is Super Heroes.

Doors open for the Junior Disco at 5pm (finishes 6.30pm) and the Senior Disco at 6.45pm (finishes at 8.15pm).

Entry \$5, LED/Glow Party Favours \$4, Sausage Sizzle \$2.50, drinks and treats also available from 50c.

Volunteer parents and teachers provide supervision. If you can spare some time to help on the door, in the canteen, at the BBQ or selling the Glow/LED Party Favours inside the hall, please contact the P&C on pandc@caningeraba.org.au, on Facebook or put your name on our easy online roster - <http://www.signupgenius.com/go/8050f45a5a82dab9-term8>

Father's And Others Day Stall

Thank-you to everyone who supported the Father's and Others Day Stall last week. We hope all our families had a lovely Father's Day on Sunday.

Woolworths Earn 'N Learn

The Woolworths Earn 'n Learn Promotion finishes today in-stores. If you have stickers at home, there is a Collection Box at the School Office and we'd appreciate it if you can get your stickers into us as soon as possible as we have to return them to Woolworths by the end of this month.

Many thanks!

Marsha on behalf of the P&C Association

Lost Property.

Due to the warmer weather there is an ever growing number of lost jumpers here at the office and as they are unnamed we are unable to return them to students. Please come and have a look through the box, or ask your child to do so, to see if one may belong to your child.

We are also drawing to the end of the school term therefore any jumpers that are not collected by the last week of this term, will be washed and given to the uniform shop to re-sell as "pre loved" items.

ZooWhiz Learning Home Access Discount Cards

Our school is participating in the ZooWhiz Learning Community Subscription Plan. Through the Community Subscription Plan our school now has FREE access to ZooWhiz Learning (www.zoowhiz.com) during school hours. Parents are able to access ZooWhiz at home at a very special price by using the Home Access Discount Card.

ZooWhiz is the new, intelligent, automated online learning system that enables you to support your child's progress in maths, spelling, word skills and reading.

Please note: The ZooWhiz Learning Home Access Discount Card must be used to activate a subscription by **19/10/2015** as it will expire after this date.

The ZooWhiz Home Access Discount Cards have been distributed to children this week.

If you are unable to locate yours then please contact the Uniform Shop on 5568 6356.

Music Advocacy

Dr. Caroline Leaf advocates the 7 pillars of thinking, of which one is musical. This pillar of the brain is not only responsible for music thinking and learning, but also for intuition and other high-order thinking skills. Dr. Leaf talks about the brain using each pillar of thinking as part of a loop, and everyone uses each pillar of thinking at least to some degree in everyday processing of information. The other pillars of thinking are: intrapersonal, interpersonal, linguistic, logical/mathematical, kinaesthetic and visual/spatial.

Music Class of the Week

1/ 2R	displaying excellent audience skills during the Strings concert
2B	learning drumming skills very quickly
3R	learning to read dotted notes and their values
4G	having great poses for Music Count Us In song "Gold"
5/ 6M	working hard to learn their ukulele pieces

Summer Interschool Sports Draw – Friday 11 September

Please phone our eventline on 5568 6388 for ALL up to date information on interschool sport draws and cancellations due to weather.

BASKETBALL: Seniors 1:30pm, Juniors 12:40pm, A teams Caningeraba, B teams St Andrews.

BOYS OZTAG: Games at Mallowa Drive, Palm Beach each week. 6A, 6B, 5A at 1:30pm; 5B 12:40pm.

GIRLS OZTAG: Games at Robina Common each week. 6A 12:45pm; 6B 1:30pm; 5A/B TBA.

CRICKET: Elanora SS 12:40pm.

TENNIS: Christine Avenue each week 12:30pm – 1:30pm.

GYMNASTICS: School hall each week 12:30pm – 1:30pm.

Summer Interschool Sport Results 4 September

Sport	Team	Result	Best Player
Girls Touch	6A	Won v Robina 7-0	Jordyn
	6B	Lost v Elanora 3-4	Ellie
	5A	Won v Merrimac 2-0	Leilani
	5B	Draw v Burleigh 1-1	Cameron
Boys Oztag	5A	Won v William D. 13-0	Ben
	5B	Lost v Merrimac 5-6	Avia
Girls Basketball	Snr. A	Won v Burleigh 64-2	Imogen & Eden
	Snr. B	Won v William D	Elly
	Jnr. A	Won v Burleigh 54-0	Shaylee
	Jnr. B	Lost v William D	Pixie

Boys Basketball	Snr. A	Won v Burleigh 42-12	Cody
	Jnr. A	Won v Burleigh 42-8	Cameron
	Snr B		Oscar
	Jnr B		Logan

GYMNASTICS: "Gymnast of the Week" Anna – for giving 100% effort.

BOYS OZTAG REPORT: Both of our teams only played social games last Friday. Our team captains lead their teams to secure victory in both games. Dylan was awarded "player of the match" by the William Duncan referee and was selected by his peers to be the team vice-captain. Tom was unanimously voted player of the match by his teammates due to his clever stepping and twisting to score some tries as well as his perfectly timed offloads to set up tries for his team.

A great day at sport!

Emma McKeon

Library Thank You

Thank you to the Aboukoura family for their kind donation of books to the school library.

National Disability Awareness Week 14 - 18 September

Caningeraba school students will participate in a presentation day of the various disability categories. Students will receive information about each disability, hear the experiences of people living with a disability as well as engage in simple activities to understand what some disability characteristics feel like.

An assembly will be held from 10am to 10:50am on Friday 18 September with a short presentation from an adult living with a disability from each of the different disability categories.

Students with Disabilities Aquatic Participation Fun Day

Swimming Queensland is hosting a FREE Aquatic Participation Fun Day at Palm Beach Aquatic Centre on Wednesday 16 September, 2015. The Fun Day will run from 10:30am to 1:00pm and will cater for non-swimmers, beginners, intermediate and advanced swimmers.

Swimming Queensland is expanding the scope and range of its activities to reach children with special needs and challenges. Through special clinics that will include specific teacher workshops, they hope to ensure a legacy of swimming education that will provide a profound, enduring benefit to children with special needs across Queensland.

Please return permission slips to the SEP staff. Students will travel to and from the event by taxi.

School Banking News

The School Banking system is now totally computerised, so we will no longer be using the front cover tracking sheets and tokens.

Congratulations to class 1/2R for being our Bank Class of the Week! Who will it be next week?

Congratulations to the following students who have made 10 deposits and received a bronze certificate:

Joshua 4G	Natasha 6O	Savannah 2M
Luca 4G	Saxon PG	Ronan 1M

Congratulations to the following students who have made 20 deposits and received a silver certificate:

Nicholas 3R	Darius 3S	Roxana 2P	Evie 2O
Elkie PS	Dhali PB	Talen PW	Thomas PR
Phoebe PR	Bahli 2B	Capri PG	Ruby PB

Student of the Week

Congratulations to the following students who have received a student award at their assembly.

6B	Tahj	6O	Oscar & Tyler
5/6M	Matt	5P	Leilani
4G	Lachlan	4M	Jess & Owen
4S	Jake & Sophie	3O	Piper & Malakai
1O	Ace	1S	Teala
PG	Max	PR	Rachael & Madison
PW	Mikaela		

Diary Dates

REMINDERS:

1. Summer Interschool Sport payments are overdue and payable now.
2. Yr 1 Tropical Fruit World payment of \$25.50 due by 10:30am Monday 12 October.
3. Years 1 – 3 Swimming payment of \$20.00 due by 10:30am Friday 23 October.
4. Please phone our hotline on 5568 6388 for ALL up to date information on excursions, interschool sport draws, athletics and cancellations due to weather.

Date	Year Level	Activity
Friday 11 September	Yrs 5 & 6	Summer Interschool Sport
Friday 11 September	Yrs P-4	Indigenous Art Lessons
14 – 18 September	All	Disability Awareness Week

Date	Year Level	Activity
Tuesday 15 September	4B & 4M	Swell Festival
Tuesday 15 September	All	P&C Disco
Wednesday 16 September	Various	Parliament House visit
Wednesday 16 September	4S & 4G	Swell Festival
Wednesday 16 September	SEP	Swimming Fun Day
Thursday 17 September	Various	Afternoon tea for Indigenous families
Friday 18 September	Yrs 5 & 6	Summer Interschool Sport
Monday 5 October	All	Labour Day Holiday
Tuesday 6 October	All	Term 4 commences
Monday 19 October	All	Student Free Day

Snack Shack Roster

Date	Names
Monday 14 September	Help Needed
Tuesday 15 September	Cheryl
Wednesday 16 September	Carolyn
Thursday 17 September	Marnee & Carolyn
Friday 18 September	Maureen & Rikki-Lee

**Katrina and Michelle,
Tuckshop Convenors**

Community Notices

Free school holiday activities at the Burleigh Waters Library!

Looking for something crafty to do this school holiday? Interested in learning about animals? Join us at the Burleigh Waters Library for a range of free school holiday programs. Bookings are essential and can be made by phoning 5581 1700. Children must be accompanied by an adult. Activities include – ‘Bird Puppet’ Design and create your own colourful paper bag bird puppet Tuesday 22 September 2pm-3pm; ‘Fish Bunting’

Make a decorative fish bunting Friday 25 September 2pm-3pm; ‘Animal Welfare League’

Get up close with some live animals and learn how to care for your pets Thursday 1 October 10am-11am.

Dyslexia Empowerment Week - Free Community Screening with Q & A forum

To celebrate Dyslexia Empowerment Week, we are hosting a free community screening of Outside the Square followed by a Q & A forum with a panel of experts in education. Invitations are extended to students, parents and teachers with an interest in dyslexia.

When: Saturday 24 October at 2pm. Where: Robina Community Centre Auditorium

<http://dyslexiaempowermentweek.com.au/>

<http://www.outsidesquare.net/>

Tweed Heads & Coolangatta SLSC Greenmount Beach - Nippers Sign-On Day

For new (bring birth certificate) & renewing members, this Saturday 12 September 9am - 11am Oasis Pools, Banora Point. * Must be 5 years of age as at the 30 September 2015 *

* Please remember to bring togs and goggles * Entry of \$3.50 applies for swimmers only at the pool.

Paradise Diving Club

Make a splash this school holiday at Gold Coast Aquatic Centre, Southport. 22 – 26 September 8:45am – 12:15pm each day. Phone 0415 787 207 or email kevvyhall1@gmail.com

Qld Recreation Centres Coast Club Holiday Activities

Holiday program for children 8+ and families. Drop off the kids or join in the fun yourself! Activities include archery, canoeing, giant swing, high ropes, rock climbing and stand up paddleboarding. Places fill fast so secure your spot now at www.npsr.qld.gov.au/coastclub

Visit Our Website

We encourage our parents, carers and family members to visit our website, to see ongoing class activities. www.caningerss.eq.edu.au

**Sheryll Eades,
Website Coordinator**