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14 April 2016

Principal's Column

Welcome back to Term 2! Perhaps with an eleven week term ahead of us we may all feel that we have some time up our sleeves! What a ridiculous statement, I hear you say! We've got Cross Country, Year 5 Camp, Interschool Sport, Athletics Carnivals, Book Fair, Fanfare, Regional Music Camp, Lightning Carnivals, NAPLAN and our Caningeraba Talent Quest all to look forward to, in this term full of high packed adventure!

Once again, I would like to acknowledge the extremely hard work of our P&C supported by the industrious band of supporting parents who contributed to making our Colour Run such a tremendous success.

I would also like to welcome Leisa Logan, our new school Chaplain to Caningeraba. Leisa will be working at our school Mondays and Wednesdays 9:00am-2:30pm and on Fridays 10:00am – 2:30pm. Keep an eye out for Leisa's introduction and bio in our next newsletter. I know our school community will appreciate Leisa's enthusiasm and commitment to her role in our school.

Farewell to Pokémon

Although we all love Pokémon and after twenty years the mythical steam Pokémon, 'Volcanion' has only recently been discovered, it is time to farewell the Pokémon trading cards from Caningeraba. Although our students have had a lot of exciting times sharing and trading cards, the tears have started and not all 'trades' have been fair and successful! Students have been advised not to bring their cards to school anymore and we are also asking parents to support us in this.

The ABC's of Parenting to Support Your Child at School:

A is for Attendance:

Attendance is a critical factor in any child's school success. Children should attend school every day, except in cases of illness or emergency. It is impossible to replace the learning that happens on any school day with 'make up' work. Regular attendance and promptness are good habits that are expected and appreciated at all levels of schooling and in the workplace. Education Queensland's recommended attendance range is between 95% and 100%. Over a 12 year period a student who attends even at 92% will have lost almost one full year of schooling! In 2016, make school a priority in your household. Commit to supporting your child to achieve excellence in education. Your child's future depends on it!

B is for Bedtime:

"But, I don't want to go to bed!" Does this sound familiar? On average, children need 8 to 10 hours of sleep each night. Sleep is important for so many reasons. Lack of sleep can cause kids to be hypersensitive, impatient, or cranky. I guess this can also be said for parents, although usually as parents we are able to 'self-regulate' ourselves and keep these emotions in check! It is also more difficult for children to concentrate and learn when they are tired. Encouraging quiet activities, such as reading, just prior to bedtime offers a transition that helps children to relax. Reading to your child at night can also be quite beneficial for parents too! *Remember, there is no app to replace your lap!*

C is for Choices:

According to Jim Fay, the author of *Becoming a Love and Logic Parent*, giving children choices is actually far more effective than making demands. He suggests:

- Never give choices if it might cause problems for you or anyone else.
- Give only two options for each choice. For example, "Would you like peas or carrots?" Or "Do you want to do your homework now or in fifteen minutes?"
- If the child doesn't decide within 10 seconds, make the choice for him or her.

I would like to acknowledge Addie Gaines who is a Principal in Kirbyville Elementary School for some aspects of these down to earth and practical parenting tips that show the important role parents and carers play in promoting positive outcomes for our kids. Obviously, when you think about it we could forge ahead and include descriptive pieces of advice for each letter of the alphabet or move directly to the letter Z with an affirmation **Z is for Zoom!** Even if we only start with these first three ABC strategies, we will help our kids 'Zoom to the Moon'!

Getting in Early - the Importance of Oral Language in the Early Years

The development of oral language skills is a prerequisite to acquiring literacy skills and forms the foundation for reading and writing development.

Although formal training in literacy usually starts when a child begins school, literacy acquisition is built upon a foundation of language skills that are learned at home. In the early years of children's lives, parents are their most important teachers and the verbal environment they provide sets the stage for children's language learning.

Parents play a key role in fostering children's oral language skills. First and foremost, it is important to talk with children frequently, and about a range of topics. When we talk with children about past events and future plans, about emotions, and about explanations we use a wide variety of vocabulary and more complex grammar, and these in turn help develop language skills.

Reading and talking about books with children is also an important activity. Children who are exposed to more books not only have better vocabulary, but they become better readers. Research suggests that children need to hear 1000 stories read aloud before they begin to read themselves. Three stories a day will deliver 1000 stories in one year alone!

We are extremely fortunate at Caningeraba to have the expertise of Cindy Apap, a Senior Speech Language Pathologist, who is extremely passionate about developing oral language in our young students. Over the past several years Cindy has provided training programs for parent volunteers who have been supporting our students in the Prep classrooms. Thank you to all of the parent volunteers who completed the training session this week. Support a Talker sessions for our nominated Prepstars will commence shortly.

Have a great week!

Margaret Heiser, Acting Principal

ANZAC Day March

On Monday 25 April, all Caningeraba students are invited to march as a school group as part of the Burleigh Heads ANZAC day march. All students wishing to participate are to meet at 9:15am on the corner of West Street and James Street, Burleigh Heads. Students must be in full school uniform (including school hat) and should bring a water bottle. They should also put on sunscreen prior to the march. The march commences at 9:30am and proceeds to the war memorial in the park.

It would be great to see a good representation marching for our school, so we encourage as many students as possible to come along on the day.

Library News

Thank you to the Weldon family for their kind donation of books to the Library.

Winter Interschool Sports Draw – Friday 15 April

Please phone our hotline on 5568 6388 for ALL up to date information on interschool sport draws and cancellations due to weather.

The interschool Winter sports season commences this Friday. As usual Caningeraba will be well represented in a variety of sports. Below is the draw for all teams. As usual we encourage all parents to come along to the various venues and support our children. Good luck everybody!

Tony Carlton, PE Teacher

RUGBY LEAGUE: Games at Marymount, 6A at 1:30pm, 6B at 12:45pm and 5A - BYE

GIRLS SOCCER: Games at St Vincents, 6B at 12:40 pm, 5B at 1:35pm.

BOYS SOCCER: Games at Italo Club, 6A & 5B at 12:40pm, 6B at 1:35pm. 5A game at St Vincents at 1:35pm

NETBALL: There have been complications with the Netball draw, we are unsure of particulars but all games will be played at Firth Park, Mudgeeraba.

AUSTRALIAN RULES: Juniors at Salk Oval Palm Beach at 1:35pm

OZTAG: All games at Marymount, 6A field 13 at 1:35pm, 6B field 13 at 12:40pm, 5A field 5 at 1:35pm and 5B field 5 at 12:45pm.

Helping Hands

Helping Hands presents Blazing Billy Karts. The strong and sturdy Blazing Billy Kart is easily made using hand tools. All accessories are provided and in week 5 it will be time to race your Blazing Billy Kart. For more information, please see attachment.

School Newsletter insert for Helping Hands After School Program Term 2 2016

Helping Hands Presents
BLAZING BILLY KARTS!

The sturdy and strong Blazing Billy Kart is easily made using hand tools. All accessories including axles, wheels, steering and rope are provided and added before the racing colours and stripes complete the masterpiece! The final week is time to race your Blazing Billy Kart. Bring along decorations and stickers to make it your very own. Helmets must be worn in Week 5!

Program Times	Tuesday 10/05	Tuesday 17/05	Tuesday 24/05	Tuesday 31/05	Tuesday 01/06
Prep to Year 6	3.00pm-4.15pm	3.00pm-4.15pm	3.00pm-4.15pm	3.00pm-4.15pm	3.00pm-4.15pm

For more information or to book onto this exciting 5 week program please contact:
Caningeraba Helping Hands on 0459 991 734 or email caningeraba@helpinghandsnetwork.com.au

Booking forms are also available from the school office and Helping Hands service.

BPOINT Payments

The School's preferred on-line payment is by BPOINT. To use this facility you must have invoices for excursions emailed to you, then follow the steps below:

1. Visit www.bpoint.com.au/payments/dete
2. Biller Code 1002534
3. Enter CRN: 19670000000058
4. Enter Invoice number
5. Enter Student name, amount and payment option.

You must enter the correct invoice number and no additional information can be entered.

Only one invoice can be paid per transaction.

All of this information is printed on each invoice.

If you wish to receive invoices by email, or check we have the correct email address, please contact the office on 5568 6333.

School Banking News

Congratulations to classes 2M and 1P for outstanding banking.

Student of the Week

Congratulations to the following students who have received a student award at their assembly.

6B	Lukash	6G	Olivia, Cleo & Nadine
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Diary Dates

REMINDERS:

- Years 5 & 6 Interschool Sport payment of \$60/\$40 due by 10:30am Friday 15 April.
- Year 5 Camp balance of \$120.00 due by 10:30am Friday 22 April.
- Year 6 Canberra April \$200.00 payment due by 10:30am Friday 22 April.
- Student Resource Scheme Term 2 instalments due by Friday 22 April.

Date	Year Level	Activity
Friday 15 April	Yrs 5 & 6	Interschool Sport commences
Wednesday 20 April	Band	Beginner Band Concert 5pm
Friday 22 April	Yrs 5 & 6	Interschool Sport
Monday 25 April	All	Anzac Day Holiday
Wednesday 27 April	All	Cross Country
Friday 29 April	Yrs 5 & 6	Interschool Sport
29 April – 12 May	All	Book Fair in the Library
Monday 2 May	All	Labour Day Holiday

Snack Shack Roster

Date	Names
Monday 18 April	Milly
Tuesday 19 April	Susana
Wednesday 20 April	Carolyn, Donna
Thursday 21 April	Carolyn, Susana, Chaille
Friday 22 April	Maureen, Rikki-Lee

Katrina and Michelle, Tuckshop Convenors

Community Notices

Current Year 6 Students – Year 7 PBC Sports Excellence Enrolments 2017

If your child would like to apply for a Sports Excellence Program at Palm Beach Currumbin State High for 2017 please submit your application by the cut-off date - Friday 13 May 2016. For all Excellence enrolment enquires please contact the Excellence enrolments Manager - Tara Gonzales-Judd on 07 5525 9418 or tgonz6@eq.edu.au

Youth Week 2016, Wheels in the Park, Saturday 16 April 10am – 12pm.

Deodar Park, Corner Omoa Ave and Burleigh Street, Burleigh.
Come on down and celebrate. To find out more contact:
tduhig@goldcoast.qld.gov.au

Anzac Day – Monday 25 April

Community Dawn Service: Parade 4.15am, service to
commence 4.28am (sharp). Main Community Service: Parade
9.15am (meet top of James Street) March off 9.30am (down
James Street to War Memorial Park). Service to commence
approximately 10am.

Visit Our Website

We encourage our parents, carers and family members to visit
our website, to see ongoing class activities.

<http://www.caningerss.eq.edu.au/>

Sheryll Eades, Website Coordinator