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4 August 2016

## Associate Principal's Column

We are always very busy at Caningeraba, involving ourselves in all events possible. It is with a very big thank you to all the staff that we are able to do this for our school. Our staff enthusiastically take on so many of the opportunities that are available to our students.

Our recent talent quest was a great success and it is always so great to see so many students involved. It's no mean feat to be up on a stage in front of all your peers and with people making judgements on your performance. Congratulations to all those who participated and to the music department who instigated the quest and made it so enjoyable for our school community.

Many hours have also been spent by our teachers and teacher aides in the recent Canberra Camp and Day Camp for the year 6s. It is a huge commitment our school takes to ensure that this is offered to our Year 6 students. Many parents and friends still talk of the memories they made when they participated in a Canberra trip while at school. This trip is not offered at all primary schools as it is such a large organisational undertaking. Our school is the only one that I know of which offers the day camp option. This day camp option ensures that students who do not go to Canberra have an equally valuable and memorable time on the Gold Coast and Brisbane. A very big thank you to all the staff who go to such "above and beyond" lengths to ensure this experience for our students.

We also had our first success in the Gold Coast Eisteddfod. Our recorder ensemble was awarded a 3rd place which is a great achievement. This eisteddfod runs for over a month and we have many students, bands and ensembles involved. It is a wonderful time to showcase our students at their musical and

performing best. We wish them good luck but most of all that they enjoy their time in the limelight on the big stage!

## Friendships

Children of primary school age, in fact, humans of all ages, need to feel that they are accepted and belong. This is essential for self-esteem and productive participation in school life. For these reasons, many parents worry that their children have difficulty making friends. However, it is important not to communicate your anxiety to your child, particularly if you suspect friendship problems. Too many of us fall into the trap of anxiously asking for all the 'bad' stuff at the end of our child's school day. Sometimes our children will give us all the negatives without focusing on the positives. So, stay positive even in the face of all the terrible woes you might be told and insist that they tell you at least one aspect of their day that was good. Focus on the positives and build on them, acknowledge the negative feelings, but help your child to move on. Statements such as , "That must be tough for you, but let's work on a solution", help your child move toward a solution to issues that they are experiencing.

Sometimes, we obsess about our kids having to have one sole best friend and pass this on to them. The emphasis on a 'single best friend' can be counterproductive as there is always potential for over possessiveness, manipulation and hurt. It is important to ditch the notion that we need a single best friend in favour of having a wide circle of 'different' friends. What tends to happen is kids are obsessed with being friends with the most popular boy or girl in the class or those on the next rung of the social ladder. This is often unattainable because there is enough competition from others with the same goal for these 'privileged' kids to play the manipulation game. The kids who tend to be most balanced (and successful in life) are able to associate and connect with a wide range of friends and are seemingly unaffected by the manipulation stuff. Parents

(and others) can help by discussing the day non-judgementally and unemotionally using prompts. Prompts such as: "How did you handle that situation? What could you do next time? That happened to me too ... I tried being friends with ... It sounds like Tom, Francine, might be a good friend too".

Always focus on the positive and the constructive. It is easy to be seduced into giving inappropriate attention to the negative and responding with our own emotional feelings. Often, especially in the younger years it is more appropriate to ask "what did you play today?" rather than "who did you play with?"

Encourage your child to make a range of friends with a range of interests.

**Maria Mott, Associate Principal Years 5 and 6**

## Helping Hands News

This month at Caningeraba Helping Hands has been a busy one. The third term has been in full swing, jam-packed with fun activities both at Helping Hands and within the School Community. We are pleased to see the overwhelming positive response generated from our new After School Care Clubs. The children have enjoyed making grass heads in Garden Club, performed the beep test in Olympic Club, made a variety of specialised planes in Paper Plane Club and danced away to the Macarena in Dance Club. We are excited to see how these clubs develop even further in the coming weeks. We are also eager to start our new ELA program starting next week! Children will have the opportunity to build their own mini golf course. There are only limited spaces available so if you are interested please return your booking sheet as soon as possible.

We would like to thank all of our families for their ongoing support.

## School Banking News

Congratulations to the following students who have made 10 deposits and received a bronze certificate:

Emily 3P	Madalynn 3S	Evie 2W
Jack 1S	Calais 1G	Banjo PW
Phoebe 1G	Presley 4M	

Congratulations to the following students who have made 20 deposits and received a silver certificate:

Tai 5P	Sarese 3/4R	Anthony 3P
Jett 2O	Boh 1/2R	Phoenix 1B
Thomas 1/2R	Jack 1S	Aithan 1M
Alana 2M	Coco 1W	Fraser PB

Congratulations to classes 5P, 2M and PG for being our awesome bankers of the week. To any students not wanting

to claim their rewards, please advise banking co-ordinators. Volunteers are always welcome, thank you and happy banking.

## Chaplain News - Saverplus Information Session



For all those who are interested in the governments school-saver incentive, matching dollar-for-dollar with your savings, to be used for your child at school, there will be an information session on Wednesday 10th August at 8am in the library (at the same time as our next Breakfast Club). Please don't miss this opportunity to get up to \$500 for your child's schooling next year.

Breakfast Club will be weekly from Wednesday 10th August at 8am!

If your child shouldn't participate due to intolerances or allergies, please contact me at school.

**Have a great week! Chappy Leisa**

## Diary Dates

- Student Resource Scheme payments are payable now.
- Prep Currumbin Farm payment of \$26.50 due by 10:30am Monday 8 August.
- Year 3 Jellurgal walk payment of \$20.50 due by 10:30am Friday 12 August.

<b>Monday 8 August</b>	Various	String Orchestra Eisteddfod
<b>Tuesday 9 August</b>	PR & PB	Currumbin Farm
<b>Monday 15 August</b>	Various	Junior Recorder Ensemble Eisteddfod
<b>Monday 15 August</b>	Year 4	Band Eisteddfod
<b>Monday 15 August</b>	Year 5	Band Eisteddfod
<b>Monday 15 August</b>	3P & 3B	Jellurgal
<b>Tuesday 16 August</b>	Various	ICAS Maths
<b>Tuesday 16 August</b>	Year 6	Band Eisteddfod
<b>Tuesday 16 August</b>	Year 1	Raw Art
<b>Wednesday 17 August</b>	PM & PW	Currumbin Farm

Wednesday 17 August	3G & 3S	Jellurgal
Thursday 18 August	PG & PS	Currumbin Farm
Thursday 18 August	3M & 3O	Jellurgal
Tuesday 23 August	Year 6	Raw Art
Wednesday 24 August	Various	Senior Choir Eisteddfod
Wednesday 24 August	Various	Junior Choir Eisteddfod
Wednesday 24 August	Yr 3-6	Artslink
Thursday 25 August	P-2	Artslink
Friday 26 August	All	Show Holiday
Tuesday 30 August	Year 3	Raw Art
Tuesday 30 August	1B/M	Tropical Fruit World
Wednesday 31 August	1G/P	Tropical Fruit World
Thursday 1 Sept	1W/S/O	Tropical Fruit World

3G	Carla & Valeria	1S	Dylan & Tiana
1O	Ajay & Capri	PB	Byron
PG	Cruz	PM	Ever
PR	Maxx	PS	Sienna
PW	Natahlia & Lucas		

## Community Notices

### Discovery in the Gardens (DiG)

After such a great success last year, it is looking to be another wonderful day of hands-on science and garden fun at the Gold Coast Regional Botanic Gardens, 230 Ashmore Road, Benowa on Saturday 13 August from 10am – 2pm. As part of National Science Week on the Gold Coast, there will be hands on Science activities for children, displays, demonstrations, workshops, talks in the Speakers Tent, plant sales, guided walks, food, entertainment and it's all free!

### BMD Northcliffe Surf Club

Nipper sign on days Sunday 7 & 28 August 8:30 – 10:00am at TSS, The Southport School Winchester Street, Southport. Free sausage sizzle, Nipper Memberships start from \$50.

### Varsity College information evening & years six into seven enrolment interviews

Coming up we have our Rising Seven's evening, an information session for approved applicants which will address topics such as subject selection and class structure for 2017. Additionally, our enrolment processes involve an enrolment interview for each and every year seven student who will be attending Varsity College for 2017. These will roll out over the course of term three. Please see attached two memorandums which provide information for these two events.

## Snack Shack Roster

The Tuckshop needs volunteers. If you could help it would be very much appreciated. Please contact Katrina or Michelle at the tuckshop or phone 55686339.

Date	Names
Monday 8 August	Milly
Tuesday 9 August	Susana
Wednesday 10 August	Carolyn
Thursday 11 August	Carolyn, Chaille
Friday 12 August	Maureen, Michelle

**Katrina and Michelle, Tuckshop Convenors**

## Student of the Week

Congratulations to the following students who have received a student award at their assembly.

5B	Shelly & Sam	4G	Paige
4P	Sarah	3S	Noah & Mitchell

## Visit Our Website

We encourage our parents, carers and family members to visit our website, to see ongoing class activities.

<http://www.caningerss.eq.edu.au/>

**Sheryll Eades, Website Coordinator**