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15 September 2016

Acting Associate Principal's Column

It is surprising how quickly a ten week term flies by! It has been a very busy and productive term at Caningeraba with many highlights to share. Last Thursday, the students from our SEP attended the SWD athletics day at Runaway Bay Sports fields. Students and staff left for the day full of anticipation of a fun day ahead. By all reports they had a fabulous time participating in events, having fun and making friends.

Each week teachers and the Administration team discuss with families the importance of coming to school on time and being prepared for the day. There are many things that contribute to a successful day from start to finish, however, having clear routines with clear expectations can increase the likelihood that this will occur. I have listed below some ideas to help start some new routines or adjust any you might want to improve.

Bedtime routines

- A quiet activity such as reading or singing a song allows children to know it is bedtime and prepares the body for sleep.
- Children need adequate sleep to be able to function effectively in an ever demanding classroom environment and to make reasonable and rational choices in the playground.

Breakfast / getting ready for school routines

- Allow your child the choice of a few options for breakfast that you put on offer. This will help them to feel in control of breakfast choices whilst having options you know are healthy.

- Place a digital timer (free on the app store) on an iPad with a set time to have breakfast finished to ensure your child knows how long they have to eat. This will eliminate statements like, "I didn't know we were leaving now" or "You didn't tell me I had to be finished by....."
- The digital timer can also be used for getting dressed and brushing teeth and hair.
- Place an incentive chart to work towards a fun family activity up on the fridge and praise your child when they are completing the jobs before the timer is complete. You can take away privileges in 10 minute increments of technology or TV time if your child does not get the task complete before the timer is complete.

Homework routines

- Allow some free playtime after school to burn off some energy and let your child have fun in their own space.
- Set a dedicated time for homework to start and give your child a clear 10 minute reminder when this is about to start.
- Doing homework at the same time each day helps to make it part of the schedule and an expected part of their day.
- Create a quiet environment that is conducive to concentration. This will make the homework task easier to complete which will make it faster for everyone!
- Make reading a warm and cuddly activity that can involve the whole family on the lounge reading together.

Great state. Great opportunity.

All routines involve practice and setting up the expectations before you start changing how things have been done before. Routines built around fun and enjoyment strengthens relationships between parents and children. They also allow children to learn healthy habits like brushing teeth, getting exercise and study habits.

I would like to thank everyone in the Caningeraba community for welcoming me so warmly into your school. The eight weeks have flown by and I have met some lovely people and will take away many cherished memories. Caningeraba certainly is a school where students are happy, healthy, confident 21st century learners. Enjoy your well-deserved break and come back refreshed for a big Term 4!

Kylie Bruce, Acting Associate Principal

School Watch

We need your help, School Watch is a community based awareness crime prevention program aimed at safeguarding schools against vandalism, theft and arson. We depend on students, parents and all members of the local community to:

1. **Look**,
2. **Listen** and
3. **Report**

Do not take any further action, phone 13 1788 or phone your local police.

P & C News

For the first 3 weeks of Term 4, the P & C will be hosting a loose change challenge fundraiser. Each class will be given a container to collect 5 and 10 cent coins and in weeks 1 and 2 the class who raises the most for the week will win ice blocks for the whole class – we're hoping to raise Mr McConnell's weight in coins. At the end of week 3, the class who raises the most money will be rewarded with a class party.

Library News

Thank you to the Sherrington family for their kind donation of books to the Library.

Summer Sports Draw Friday 16 September

Please phone our Events Line for all up to date sports draws and information on 5568 6388.

Basketball Boys: Senior A at 1:30pm, Junior A at 12:40pm, both games at Caningeraba
Senior B at 1:30pm, Junior B at 12:40pm at Burleigh SS

Basketball Girls: Senior A at 1:30pm Junior A at 12:40pm both games at Caningeraba
Senior B at 1:30pm, Junior B at 12:40pm at Burleigh SS

T-Ball: Senior & Junior at Pizzey Park Softball fields at 12:45pm

Oztag Boys: Mallawa Dr Palm Beach 5A & 6A at 12:40pm, 5B & 6B at 1:30pm

Touch Girls: Pizzey Park Burleigh Soccer Club 5A & 6B at 12:40pm, 5B & 6A at 1:25pm

Cricket: Senior & Junior at Caningeraba SS at 12:45pm

Results from Sport Friday 9 September

| Team | Result | Best Player |
|-------------------|-----------------|-------------|
| 5A Oztag | Won 19-3 | Jake |
| 5B Oztag | Won 22-2 | Zyah |
| 6A Oztag | Lost 9-6 | Harkan |
| 6B Oztag | Won 12-2 | Blake |
| 5B Basketball (G) | Lost & Won 2-0 | Scarlette |
| 6B Basketball (G) | Lost 0-32 & Won | Katana |
| Jnr T Ball | Lost | Tyson |
| Snr T Ball | Lost | Lauchlan |
| Jnr Cricket | Won | Ty |
| Snr Cricket | Won | Cailum |
| 6A Touch | Won 3-2 | Amity |
| 6B Touch | Lost 4-0 | Demi |

Student of the Week

Congratulations to the following students who have received a student award at their assembly.

| | | | |
|----|-------------|----|---------|
| 6B | Mitch & Tia | 6O | Oliver |
| 5S | Kobi | 4G | Lana |
| 4M | Joe | 4P | Crystal |
| 4S | Summer | 3G | Base |
| 2G | Sapphire | 2M | Aoba |
| 2O | Emily | 2W | Mateja |
| 1M | Max | 1O | Isla |
| 1S | Johannah | | |

School Banking News

Congratulations to the following students who have made 10 deposits and received a bronze certificate:

| | | |
|-------------|-----------|--------------|
| Ivy 2P | Zara 2G | Shaylea 1/2R |
| Brooklyn PS | Sienna PS | Sally PR |

| | |
|-------------|--|
| Abbigail 2W | |
|-------------|--|

Congratulations to the following students who have made 20 deposits and received a silver certificate:

| | | |
|------------|------------|-------------|
| Thomas 1B | Brandon 3B | Jesse 2B |
| Brayden 1S | Jaiyden 1S | Campbell 3P |
| Jacob PG | Harry PR | Samuel PB |

Congratulations to Prep W, 1G and 1/2R for being our bankers of the week. School banking will commence first day back in Term 4. Have a safe and happy holiday.

Music: Count Us In

Music: Count Us In (MCUI) is Australia's biggest school initiative. In 2015, more than 550,000 students from over 2,100 schools participated nationwide. Music: Count Us In brings teachers, parents, students and the music industry together in celebration of music and music education. In 2016 we celebrate our 10th anniversary! The program is a perfect fit for schools with an existing music program and for schools without one. We really do encourage all schools to get involved, including those who already deliver music to their students. Music: Count Us In exists to advocate for improved access to music education for all students across Australia.

Music Class of the Week

| CLASS | ACHIEVEMENT |
|-------|--|
| PW | Great improvement in inner hearing activities. |
| 1P | Singing in tune. |
| 2M | Music: Count Us In actions. |
| 3O | Impressive results answering questions on rhythm memory. |
| 4B | Beautiful classroom behaviour. |
| 5W | Wonderful singing the Music: Count Us In song. |
| 6M | Working independently during individual assessments. |

Note: There has been no music homework for grades 3 or 4 this week.

Have a great holiday, The Music Team.

Diary Dates

Please phone our Events Line on 5568 6388 for ALL up to date information on excursions, interschool sport draws, athletics and cancellations due to weather.

- Student Resource Scheme payments for 2016 are payable now.

| | | |
|-------------------|----------------|--------------------------------------|
| Friday 16 Sept | Year 5 & 6 | Summer Interschool Sport |
| Friday 16 Sept | All | Last Day of Term |
| Monday 3 October | All | Queen's Birthday Holiday |
| Tuesday 4 October | All | Term 4 Commences |
| Friday 7 October | Year 5 & 6 | Summer Interschool Sport |
| Friday 14 October | Year 5 & 6 | Summer Interschool Sport |
| Monday 17 October | All | Student Free Day |
| Wednesday 19 Oct | Year 5 various | Y Lead |
| Wednesday 19 Oct | Yr 6 Parents | Parent info night Sex Ed 6pm library |

Snack Shack Roster

| Date | Names |
|---------------------|--------------------------|
| Monday 3 October | Queen's Birthday Holiday |
| Tuesday 4 October | Susana |
| Wednesday 5 October | Carolyn, Alyssia |
| Thursday 6 October | Carolyn, Chaille |
| Friday 7 October | Maureen, Michelle |

Katrina and Michelle, Tuckshop Convenors

Community Notices

Kids in Conservation

A hands on learning activity presented by Friends of Gold Coast Regional Botanic Gardens Inc. Cost is \$5 per child and bookings are essential phone 0449 651 674

<http://www.friendsgcrbg.org.au>

Elite Rhythmic Gymnastics Club

School holidays gymnastics at Marymount College Hall, 9:30am every Tuesday. Phone 0403 034 914

Gold Coast Library School Holiday Sessions

Join us for some free holiday fun at your local City Library! Sessions are for children aged 5-12 years.

Chess for Kids at the Burleigh Heads Library, Wednesday 21 and 28 September from 10am-11:30am. Beginner and intermediate players are invited to join experienced instructor Toby Davies, for an introduction to the game, as well as tips and tricks to advance your level of skill. Please phone 5581 7230 to secure your place.

Get up close with some live animals and learn how to care for your pets with a visit from the Animal Welfare League at the Burleigh Waters Library on Friday 30 September 9:30am-10:30am. Please phone 5581 1700 to book.

Visit Our Website

We encourage our parents, carers and family members to visit our website, to see ongoing class activities.

<http://www.caningerss.eq.edu.au>

Sheryll Eades, Website Coordinator