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2 March 2017

## Associate Principal's Column

### Promoting Independence in Children

I believe parenting is the most important job there is. But what makes parenting so difficult is the fact that there is no definitive set of parenting rules that will work for every child in every situation because all children are different. Also, there are often different, and sometimes opposite, views about what is the best way to parent children. In short, there is no 'owner's manual' for parents to help them fix every problem they encounter with their children.

However, there are some general parenting principles that are widely accepted as being essential in helping children to develop into mature, independent individuals as the years pass by. One of these widely accepted principles is that we should encourage our children to develop their independence because they will need to fend for themselves one day. Another one of these principles is that parents need to take an active role in helping their children to learn how to make their way in the world. The difficulty arises in deciding how to strike the correct balance between these two ideas. On the one hand, children need to learn some of their most valuable lessons in life with the help of their parents, but on the other hand, parents who become overinvolved with every detail of their children's lives may not give their children the opportunity to develop the necessary independence they will need to cope later in life.

While the vast majority of parents at Caningeraba seem to be able to strike a pretty good balance between these two principles most of the time, we do see quite a few examples of 'underparenting' and 'overparenting' of students on a daily basis.

In regard to 'underparenting', we see things such as; students coming to school without having eaten any breakfast, students who have mainly snack foods rather than nutritious foods for lunch, students whose parents don't read to them or with them on a regular basis, students in the middle grades who can't tie their shoelaces, students falling asleep in class because they don't have an appropriate, regular bedtime, students who are regularly exposed to movies, videogames and TV shows designed for adults and students who are regularly absent from school.

In regard to 'overparenting', we see things such as; parents doing homework and assignments for their children rather than just helping them with homework, parents regularly coming into classrooms before school to sharpen their children's pencils and organise their desks for them, parents carrying their children's bags to class for them every day, parents confronting sports coaches when their children miss out on selection in sports teams, parents confronting other children over playground disagreements and parents insisting that their children must always be in the same class as certain other children.

While the possible consequences of 'underparenting' are often obvious, the possible consequences of 'overparenting' are less so. However, many psychologists warn that 'overparenting' can cause higher levels of anxiety in children, and result in them having poorer coping skills when faced with problems in their daily lives. They say it is counterproductive for parents to try to shield their children from all of life's challenges and disappointments, and that it is important for parents not to do things that children could do for themselves.

In summary, happy and successful students tend to be the ones whose parents demonstrate a keen interest and active involvement in both the students' education and social

development, and at the same time take every opportunity to help the students learn to stand on their own two feet.

**Murray Leak, Associate Principal Year 3 & 4**

## Home Reading Parent Sessions

As part of our whole school approach to reading we have reviewed our Home Reading program to ensure our children are using the same language and strategies when they read at home and at school.

In order to support you and your child with our Home Reading program we would like to invite you to one of the following information sessions to be held in the school library:

**Years 1 and 2: Wednesday 8 March at 3pm.**

**Year 3: Wednesday 15 March at 3pm.**

This session will be facilitated by our Reading Coach, Sandra Green.

### The sessions will focus on the following areas:

Why do we do Home Reading?

How does Home Reading link to our STARS Reading at school?

What does Home Reading look like in Year 1, Year 2 or Year 3?

What are the expectations of parents, students and teachers in our Home Reading Program?

How you can support your child with Home Reading?

Home reading will commence once our new process and resourcing of books is complete.

We look forward to seeing you at these informative sessions!

## Scholastic Book Club

The best gift any parent can give a child is the love of good books and the joy and benefits of good reading. Children who read at home, or are read to, have a head start on reading success in school.

This year, as we have done for the past 14 years, our school is participating in Scholastic Book Clubs. During the school year, a club flyer will be sent home with a selection of books offered. You'll find award winning books, as well as old and new favourites. The books span a wide range of children's reading levels and interests.

It is easy to order. Just look over the flyer with your child, select the books you want, mark them on the order form on the back of the flyer. Please note that the last day for ordering is Friday 17 March.

### Method of payment

LOOP is the new Scholastic Book Clubs platform for parents. To pay by credit card online, Log into the scholastic website or download the iPhone and iPad app from the App Store.

<http://www.scholastic.com.au/LOOP>

- For a quick start, just click on **ORDER** in the top menu or **REGISTER** first to save your details for next time.
- Select your school and your child's class
- Add your child's first name and last initial (so the school knows who the book is for)
- Enter the item number from the Book Club brochure
- You can order for multiple children at once if they attend the same school
- There is no need to return paper order forms or payment details to the school
- For a quick how-to-order video, log in to the above site and click on **help** in the top Menu

### No Cash Orders Please – Our School is running a Cashless Book Club.

Books will be delivered to the school approximately 1 week after the payment due date. This date will be in the newsletter for each issue.

*Sincerely*

**Warren Bransden Book Club Co-ordinator**

## Music Class of the Week



| Class | Achievement   |
|-------|---|
| PR    | Lovely singing together                             |
| 1G    | Quick and accurate barline placement                |
| 2W    | Adding in accents to make the song more "colourful" |
| 3O    | Improvement in behaviour                            |
| 4S    | Consistently producing good quality music           |
| 5S    | Keeping in time while performing osinati            |
| 6G    | Playing chords C and G on the guitar                |

## Interscholastic Chess Tournament

Caningeraba is pleased to be hosting round one of the Gold Coast South Primary Interscholastic Chess Tournament on Wednesday 8th March. Up to 350 students from various private and public schools in our region will attend to battle it out over 6 gruelling rounds.



Whilst this event is open to players of all abilities from beginners to A Grade, your child will need to have some experience of the game and understand the rules if they are to enter.

Hosting the event is an excellent opportunity for students who enjoy playing chess, to compete in a tournament in the "comfort" of their own school. If you would like your child to participate, please collect a permission note from 'chess club' or the front desk in the administration building and return it with the money to the payments window by Monday 6 March. The cost is \$12 per student.

Mr and Mrs Thomas, along with our senior chess students run 'Chess Club' each Thursday, second break, in our school library. Children are strongly encouraged to attend these sessions to develop their skills, particularly in the lead up to the tournament. A huge thank you to Mr and Mrs Thomas, Liam, Jack, Dylan, Ty and Tresna for their time and expertise with Chess Club. We all appreciate your efforts greatly!

**CANTEEN VOLUNTEERS NEEDED:** On the day of the tournament we will set up a canteen to serve drinks and snacks such as sausage rolls, pies, chips, drinks, noodle cups and ice blocks to students competing in the tournament. Chess students will be able to purchase canteen items throughout the day between each of the 6 rounds of chess. We are desperately seeking some wonderful volunteers to assist our student council representatives in the canteen for the day. If you are able to assist please email Mrs Renea Christy on rpick33@eq.edu.au with your available times so you can be added to the roster. Thank you kindly in advance for your support. The money we raise from the Chess Canteen will be used to purchase a large chess set and mat for Caningeraba students to enjoy.

**Kind Regards**  
**Mrs Renea Christy, Enrichment Coordinator**

## Student of the Week

Congratulations to the following students who have received a student award at their assembly.

|    |                |    |         |
|----|----------------|----|---------|
| 6B | Emerson        | 6G | Mariia  |
| 6M | Malea          | 6O | Bella   |
| 5B | Layla          | 5S | Kyah    |
| 4B | Ambiah         | 4M | Madilyn |
| 4P | Riley          | 3G | Ryder   |
| 2M | Archer & Mason | 1O | Coby    |
| PG | Rihanna        | PM | Eve     |
| PR | Carmem         | PS | Ryder   |
| PW | Grace          |    |         |

## School Banking News

Congratulations to classes PW, 3O and 5M for being awesome bankers. We will be holding another account opening day this Friday 3 March in the tuckshop area from 8am, please bring I.D for parent & child to open account via your own phone and we will issue you with a bank book.

## Diary Dates

**Please phone our Events Line on 5568 6388 for ALL up to date information on excursions, interschool sport draws, athletics and cancellations due to weather.**

- Student Resource Scheme payments for 2017 are payable now.
- Year 5 Camp deposit of \$100.00 due Wednesday 8 March by 10:30am.

|                         |         |   |
|-------------------------|---------|---|
| <b>Monday 6 March</b>   | 3M/G    | Jacobs Well                               |
| <b>Tuesday 7 March</b>  | 3B/O    | Jacobs Well                               |
| <b>Wednesday 8 Mar</b>  | Various | Chess Tournament                          |
| <b>Wednesday 8 Mar</b>  | Parents | Parent Reading Session 3pm in the library |
| <b>Tuesday 14 Mar</b>   | Yr 2    | Raw Art                                   |
| <b>Wednesday 15 Mar</b> | Various | Somerset Celebration of Literature        |
| <b>Wednesday 15 Mar</b> | Parents | Parent Reading Session 3pm in the library |
| <b>Friday 17 Mar</b>    | Parents | Last day Book Club orders                 |
| <b>Wednesday 29 Mar</b> | All     | P&C Colour Run                            |
| <b>Friday 31 March</b>  | All     | Last day of Term 1                        |
| <b>Tuesday 18 April</b> | All     | Term 2 commences                          |
| <b>Friday 28 April</b>  | Yr 5&6  | Interschool Sport                         |
| <b>Tuesday 25 April</b> | All     | Anzac Day Public Holiday                  |
| <b>Friday 28 April</b>  | Yr 5&6  | Interschool Sport                         |
| <b>Monday 1 May</b>     | All     | Labour Day Public Holiday                 |

## Snack Shack Roster

| Date              | Names                    |
|-------------------|--------------------------|
| Monday 6 March    | Natasa                   |
| Tuesday 7 March   | Susana                   |
| Wednesday 8 March | Carolyn                  |
| Thursday 9 March  | Carolyn, Chaillie        |
| Friday 10 March   | Michelle, Helen, Shelley |

**Katrina and Michelle, Tuckshop Convenors**

## Community Notices

### Gold Coast Oral Health Services

Gold Coast Oral Health and Services are offering free dental check-ups to children in year 2 and 6. This service will be provided on site at Caningeraba SS. Hours of operation for this clinic are Monday to Wednesday 8:00am – 4:00pm. The Dental Van is situated beside the music room.

**To arrange an appointment for your child please phone:**

The Oral Health Client Service Centre

1300 300 850 Monday – Friday 8:00am – 4:30pm excluding public holidays.

Child Dental Benefit Schedule Vouchers are accepted. When your child's \$1000 cap is reached, there will be no out-of-pocket expenses provided your child meets eligibility criteria. (Eligibility is all Queensland resident children aged four years or older who have not completed year 10 of secondary school). For further information visit the link below.

<https://www.health.qld.gov.au/oralhealth>

### Fear of the Small Screen – Stop Motion Animation

Participants will film, edit and output a short 30-45 second spooky film trailer using stop motion animation. For children aged 10-17 years. At the Burleigh Waters Library on Wednesday 8 March 3:30pm-5pm. Places are limited, so please phone 5581 1700 to secure your place!

### Bringing up Great Kids with ASD

Parenting course, tailor made for families with children with autism. Weekly for 6 weeks on Wednesdays 8 March – 26 April at Coomera Family Central, 3 Jowett Street Coomera. For bookings call 5519 4129 or enquires 5502 9797 or visit [familyresourcing@fsg.org.au](mailto:familyresourcing@fsg.org.au).

## Visit Our Website

We encourage our parents, carers and family members to visit our website, to see ongoing class activities.

<http://www.caningerss.eq.edu.au>

**Sheryll Eades,  
Website Coordinator**