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23 March 2017

Whole School Social Emotional Learning at Caningeraba State School

We had such a fantastic turnout to our MindUp for Parents afternoon tea last week - 42 parents and carers were there. Here they are doing a short "core practice" led by Jennifer Snowball, one of our Year 5 teachers.



Educational institutions around the world are recognising the importance of teaching children social and emotional skills at school and not just relying on this happening at home, or hoping that the children pick these skills up along the way. Social and emotional skills are not just important for our children's mental health in the future, but there is increasing evidence that academic scores also increase when children learn self-awareness, the ability to regulate their emotions, social awareness, relationship skills and responsible decision making.

Education Queensland on its website states that social and emotional skills "can be a safeguard against **bullying**, peer pressure, disrespectful behaviour toward adults, dangerous risk-taking around sex, drugs, and alcohol and engaging with violence - all those negative behaviours that threaten a child's well-being and a school's orderly functioning".

The resource our school has chosen to use, and will this year implement across all classrooms, is the MindUp curriculum; it was developed by leading researchers under the direction of the Goldie Hawn Foundation. There are many social emotional learning programs available for schools to use, but we have chosen this one because there is a curriculum for each year level, Prep to Year 6, because it's based on and supported by extensive research and data, and because it's not piecemeal - it's a curriculum that can be implemented across the school year. By the time this year's Prep cohort graduate from Caningeraba in 2023, they will have been learning about and developing their social and emotional skills for 7 years, and will hopefully be well placed to take on the challenges of life after primary school.

School staff took part in training in mindful education on the Student Free Days prior to the start of school this year, and will have follow-up support and training later in the year. This will be delivered by Karina Enks from the Benevolent Society and she will also run a session for parents. We would strongly recommend you attend if you're able as she's a fabulous presenter and very knowledgeable in the area of mindfulness and education.

Sometime soon, you may hear your child talking about the amygdala, the hippocampus or the pre-frontal cortex. They may even indicate to you that your amygdala is all shaken up and that you need to do some deep breathing!! The children love the language of the brain, understanding that our brains are all the same, and that everyone's amygdala gets shaken up at times. They're also learning how they can calm it down, and make better decisions. Just ask them!



Kate Alcorn, Guidance Officer



NAPLAN Testing 9, 10 & 11 May 2017

The National Assessment Program – Literacy and Numeracy (NAPLAN) is an annual assessment for students in Years 3, 5, 7 and 9. It has been an annual event for schools since 2008.

Next term, on Tuesday 9, Wednesday 10 and Thursday 11 May, students will take the 2017 NAPLAN tests.

NAPLAN assesses skills in literacy and numeracy that are developed over time, through the school curriculum. NAPLAN is not a pass or fail type test, but rather shows how students are progressing in numeracy and literacy skills against national standards for all Australian children. It also provides valuable information that allows schools and governments to better target effort and support to help all students achieve their potential.

The best way you can help your child prepare for NAPLAN is to let them know that NAPLAN is just one part of their school program, and to encourage them to simply do the best they can on the day.

An individual student NAPLAN report will be issued by the school later this year. Parents can use this information to monitor how their child is progressing. Parents may also wish to use their child's results to discuss progress with teachers. More information is available below

<http://www.nap.edu.au/>

PE/Sport News

RUNNING CLUB: Next week's Running Club will take place on **Wednesday March 29** due to the fact Mr Carlton will be at the Miami High School Touch tournament with our Year 6 pupils next Tuesday.

INTERSCHOOL SPORT: Final teams/numbers will be finalised this Friday for the Winter Interschool season which commences on Friday April 21. Caningeraba will be represented in both girls and boys soccer, girls Oztag, Australian Rules, netball and Rugby League. Our tennis option is proving very popular with our kids. This winter over 50 students will be involved in coaching and playing at the Christine Avenue Complex.

MIAMI HIGH SCHOOL TOUCH: Next Tuesday, 27 of our Yr. 6 students will be participating in the annual Miami High School primary schools Touch tournament with Burleigh Heads SS, Miami SS and Broadbeach SS.

CROSS COUNTRY: In PE lessons children have started preparation for our annual Cross Country. Just a reminder that Cross Country day is Wednesday 3 May.

DISTRICT SPORT: Congratulations to the following students who have gained Oceanic district selection this term: Teagan R (basketball), Leo L (Australian Rules), Phoenix F (swimming) and Hannah L (hockey). Well done!

Hugh & Tony PE Teachers

Music News



Music Class Of The Week - Week 7

Class	Achievement
PG	Beautiful singing voices and behaviour.
1O	Recognition of fast and slow.
2B	Fantastic words beginning with C for Common Time.
3B	Yabba Dabba Do, how good were you at everything.
4B	Improvement in music homework.
5B	Great group work.
6M	Showing improved focus.



Music Class Of The Week - Week 8

Class	Achievement.
PM	Sensational singing.
1S	Quiet and quick achievers.
2G	Focus and politeness.
3G	Adjusting to a new routine with very little fuss.
4B	Sight reading "London's Burning".
5M	Working hard on assessments.
6O	Super, focussed learning.

Library News

Thank you to the Tonge-Dariz family for their kind donation of books to the Library.

Student of the Week

Congratulations to the following students who have received a student award at their assembly.

6B - Jack **6G** - Jake
6O - Oliver **5B** - Finn
5S - Caio **4B** - Gizelle
4M - Brandon **3G** - Aaliyah
2G - Levi **2G** - Levi
1M - Quinn **1S** - Mia
PG - Deacon **PR** - Sophia
PS - Rhys **PW** - Kaya & Ashlen

School Banking News

Congratulations to classes 2M, 3B and 6B for being awesome bankers of the week. Welcome Kelly Ham to our amazing crew of School Banking Volunteers – many hands make light work.

Just a reminder that school banking will commence on the first day back of school for Term 2, Tuesday 18 April. Also, due to Anzac Day falling on Tuesday of the second week of Term 2, school banking will take place on the Wednesday of that week only. To be in the running for the Commonwealth Bank's major prize of a family trip to Japan, you will need to have made 15 deposits by the end of Term 3. Congratulations Caningeraba – the number of bankers has increased each week this year. A tremendous effort from our great school.

Diary Dates

Please phone our Events Line on 5568 6388 for ALL up to date information on excursions, interschool sport draws, athletics and cancellations due to weather.

- Student Resource Scheme payments for 2017 are payable now.
- Year 5 & 6 payment of \$40/\$60 for Winter Sport is due by 10:30am Friday 31 March.

Monday 27 March	Parents	P&C Meeting and AGM
Tuesday 28 March	Yr 6	Miami SHS Touch Carnival
Wednesday 29 March	All	P&C Disco P-3 5-6:30pm Yrs 4-6 6:45 – 8:15pm
Friday 31 March	All	Last day of Term 1
Monday 17 April	All	Easter Monday Holiday
Tuesday 18 April	All	Term 2 commences
Friday 21 April	Yr 5&6	Interschool Sport Commences
Tuesday 25 April	All	Anzac Day Public Holiday
Thursday 27 April	Various	Debut Music Concert in the hall 6pm
Friday 28 April	Yr 5&6	Interschool Sport
Monday 1 May	All	Labour Day Public Holiday
Tuesday 2 May	Yr 6	GC Energy Trailer visit
Wednesday 3 May	All	School Cross Country
Tuesday 9 May	Yr 3&5	NAPLAN – Language Conventions /Writing
Wednesday 10 May	Yr 3&5	NAPLAN - Reading
Thursday 11 May	Yr 3&5	NAPLAN – Numeracy
Friday 12 May	Yr 5&6	Interschool Sport
Mon 15-Thurs 25 May	All	Book Fair in the Library
Tuesday 16 May	Yr 4	Raw Art
Friday 19 May	Yr 5&6	Interschool Sport
Mon 22-Wed 24 May	Yr 5	Camp Goodenough
Thursday 25 May	Selected	District Cross Country

Friday 26 May	Yr 5&6	Interschool Sport
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Snack Shack Roster

Date	Names
Monday 27 March	Shelley, Bola
Tuesday 28 March	Susana
Wednesday 29 March	Carolyn, Natasa
Thursday 30 March	Carolyn, Chaillie
Friday 31 March	Michelle, Helen, Shelley

Katrina and Michelle, Tuckshop Convenors

Community Notices

Gold Coast Health Oral Health Services

Gold Coast Oral Health Services are now offering free dental check-ups and treatment to children prep up to year 6. This service will be provided on-site by Mobile Dental Clinic 4 at Caningeraba SS. Hours of operation for this clinic are Monday to Friday, 8.00am – 4.30pm. To arrange an appointment for your child telephone The Oral Health Client Service Centre on **1300 300 850** Monday – Friday 8:00am - 4:30pm Excluding Public Holidays.

Gold Coast Oral Health Service provides a free dental program for all Queensland resident children aged four years or older who have not completed year 10 of secondary school. A qualified team of dentists, oral health therapists, dental therapists, and dental assistants will work together to meet your child's specific dental health care needs.

Further information on public funded oral health services can be accessed via the link below.

<http://www.health.qld.gov.au/goldcoasthealth/html/services/oralhealth.asp>

Selective Entry Applications Are Open - Merrimac State High School

Year 6 into Year 7 for 2018 Enrolment Information Evening will be held Tuesday 16 May at 6:30pm in our School Hall.

School Holiday Tennis Camp 1st week

- Dates: Monday 3rd April to Friday 7th April
- Time: 9am – 12pm
- Cost: \$99 for the week or \$25 per day
- Where: Burleigh Heads Tennis Club, Matilda St Burleigh Heads
(opposite Stockland Shopping Centre)

Included: morning tea, tennis racquets and loads of tennis and fun

Bookings: Please ring Michael Stevens on 0435 015 229 or email on burleightennis@yahoo.com.au.

Kids in Conservation

A hands-on learning programme presented by Friends of Gold Coast Regional Botanic Gardens Inc. For information visit the Friends of the Gold Coast Regional Botanic Garden Website or visit their Facebook page. Bookings are essential phone 0449 561 674 cost \$5 per child.

<http://www.friendsgcrbg.org.au/>

<http://www.facebook.com/FriendsGCRBG>

Visit Our Website

We encourage our parents, carers and family members to visit our website, to see ongoing class activities.

<http://www.caningerss.eq.edu.au>

Sheryll Eades,
Website Coordinator