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27 April 2017

Associate Principal's Column

Welcome back to Term 2! Perhaps with a fresh school term ahead of us we may all feel that we have some time up our sleeves! What a ridiculous statement, I hear you say! We've got Debut Concerts, Grip Leadership, Cross Countries, Year 5 Camp, Lightning Carnivals, Interschool Sport, Athletics Carnivals, Book Fair, NAPLAN, Winter Concerts and our Caningeraba Talent Quest all to look forward to in this term full of high packed adventure! With all this in mind, many of our students stood captivated throughout Tuesday lunchtime as they stood behind the safety fences (under the watchful eyes of Mr McConnell and Ms Mott) and watched the initial stages of the demolition of several decommissioned classrooms. As you are aware, these classrooms are being removed to make room for our beautiful new building that will be ready for the 2018 school year. How very exciting!

You may have already taken part in the 'Circus Skills' sessions that have been facilitated by Louise and organised by Chris and Lynda from the Red Cross. These afternoon sessions took place twice a week beside the Administration Building. The circus capers were such a huge success in Term 1 that our lovely friends have offered to come back this term! You can join them on Tuesday and Wednesday afternoons for some belly laughs and a chance to brush up on your circus skills ... you never know when you may like to change your life pathway!

We would also like to thank Lynda and Chris for organising Sparky Do Dah to come along to our school disco last term. 'Sparky' provided a range of activities to keep all of the younger siblings entertained. Our Caningeraba parents really appreciated this special opportunity to enjoy a cuppa and a

biscuit while someone else provided the entertainment for the very little people in our community!

<http://www.sparkydodah.com.au>

ANZAC Ceremony:

Thank you to the many Caningeraba families who attended the ANZAC Day march on behalf of our school at Burleigh Heads. Thank you also to our student leaders, Mrs James, Miss Duncombe, Miss Winter, and Ms Mott for the respectful ANZAC service held at our school. We were also fortunate to have Mr Paul Spooner from the Burleigh Heads RSL Sub-Branch address our students at this service. Mr Spooner spoke about what ANZAC day means to people of all ages here and now and also the significance of this commemorative day throughout our history. We thank Mr Spooner for acknowledging the age group of his audience and speaking to our students in a meaningful way.

The ABC's of Parenting to Support Your Child at School:

A is for Attendance:

Attendance is a critical factor in any child's school success. Children should attend school every day, except in cases of illness or emergency. It is impossible to replace the learning that happens on any school day with 'make up' work. Regular attendance and promptness are good habits that are expected and appreciated at all levels of schooling and in the workplace. Education Queensland's recommended attendance range is between 95% and 100%. Over a 12 year period a student who attends even at 92% will have lost almost one full year of schooling! In 2017 make school a priority in your household. Commit to supporting your child to achieve excellence in education. Your child's future depends on it!

B is for Bedtime:

"But, I don't want to go to bed!" Does this sound familiar? On average, children need 8 to 10 hours of sleep each night. Sleep is important for so many reasons. Lack of sleep can cause kids to be hypersensitive, impatient, or cranky. I guess this can also be said for parents, although usually as parents we are able to 'self-regulate' ourselves and keep these emotions in check! It is also more difficult for children to concentrate and learn when they are tired. Encouraging quiet activities, such as reading, just prior to bedtime offers a transition that helps children to relax. Reading to your child at night can also be quite beneficial for parents too! *Remember, there is no app to replace your lap!*

C is for Choices:

According to Jim Fay, the author of *Becoming a Love and Logic Parent*, giving children choices is actually far more effective than making demands. He suggests:

- Never give choices if it might cause problems for you or anyone else.
- Give only two options for each choice. For example, "Would you like peas or carrots?" Or "Do you want to do your homework now or in fifteen minutes?"
- If the child doesn't decide within 10 seconds, make the choice for him or her.

I would like to acknowledge Addie Gaines who is a Principal in Kirbyville Elementary School for some aspects of these down to earth and practical parenting tips that show the important role parents and carers play in promoting positive outcomes for our kids. Obviously, when you think about it we could forge ahead and include descriptive pieces of advice for each letter of the alphabet or move directly to the letter Z with an affirmation

Z is for Zoom! Even if we only start with these first three ABC strategies, we will help our kids 'Zoom to the Moon'!

Have a great week!

Margaret Heiser, Associate Principal P – Yr 2

NAPLAN Testing for Year 3 and 5: Week 4 - 9, 10 and 11 May

Tuesday 9 May: Language Conventions and Writing tests

Wednesday 10 May: Reading test

Thursday 11 May: Numeracy test

Cross Country 2017

Next Wednesday, May 3, sees the staging of one of our sporting highlights of the sporting year, the school Cross Country. Students from all classes have been enthusiastically training and preparing for the big run. Please find below a timetable for the day.

Students in the lower school run in their respective class levels whereas in our senior school because of the potential to move onto district representation, students will be running according

to age. The top 6 finishers in the 10, 11 and 12 years age divisions will be selected for the school team.

This year we are trying something with our Preps. There will be an individual race for each class. 1st, 2nd and 3rd ribbons will be distributed for both girls and boys in each class. Each race will be timed with the fastest overall girl and boy receiving the respective year level trophy.

However as always the main objective of the day is the promotion of outdoor activity in a safe and fun environment where every child who competes is a winner. As always we invite all family members to come along and give the kids a cheer. As we anticipate a massive roll up especially for the Prep section, can we ask that all spectators please remain in the clearly designated spectator areas.

Hope to see you on "the oval" next week.

Tony Carlton, PE Teacher

Cross Country Timetable

9:00	Prep GOLD	600m
9:10	Prep SILVER	600m
9:20	Prep RAINBOW	600m
9:30	Prep BLUE	600m
9:40	Prep MAROON	600m
9:50	Prep WHITE	600m
10:00	PREP Presentation	
10:10	Yr. 1 Girls	700m
10:20	Yr. 1 Boys	700m
10:30	Yr. 2 Girls	700m
10:40	Yr. 2 Boys	700m
10:50	JUNIOR School Presentation	
11:30	Yr.3 Girls	1600m
11:40	Yr.3 Boys	1600m
11:50	9yr. Girls	1600m
12:00	9yr. Boys	1600m
12:10	10yr. Girls	1600m
12:20	10yr. Boys	1600m
12:30	11yr. Girls	1600m
12:40	11yr. Boys	1600m
12:50	12yr. Girls/Boys	1600m
1:15	Senior School Presentation	

Winter Sports Draw Friday 28 April

Rugby League -

Burleigh Bears Juniors 6A at 1:30pm and 5A at 12:45pm

Girls Oztag -

All games at Marymount College 6A at 1:35pm, 6B & 5A at 12:45pm

Netball -

All games at Firth Park Mudgeeraba 6A & 5A at 12:50pm, 6B & 5B at 1:20pm and 5C at 1:50pm

AFL -

All games at Salk Oval Palm Beach Juniors at 12:40pm and Seniors at 1:30pm

Soccer -

6A & 5B Boys at 12:40pm & 6B Boys at 1:35pm at Robina Common,

5A Boys at 1:35pm at St Vincents School

6A Girls at 12:40pm & 5A Girls at 1:35pm at Robina Common.



This activity is supported by the Caningeraba Community Connects (CCC) partnership in an effort to create a vibrant and engaging school environment.

Student of the Week

Congratulations to the following students who have received a student award at their assembly.

Keelan	6B	Jake	6G
Ty	6O	Ashley	5/6W
Keira	5S	Matilda	4B
Kane	4M	Aaron	4P
Oliver	3P	Noelle	3O
Sean	3O	Phoenix	2S
Hugo	2W	Jagger	1G
Evie	1M	Diesel	1O
Ayrabella	PS	Isaiah	PW
Genevieve	PG	Bella	PM
Oliver	PR		

Support A Reader

Do you have a spare 90 minutes once a week to join our band of community volunteers within the school to hear children read? I am desperately looking for some parents/aunts/grandparents/uncles/neighbours or friends who would be able to help out students on the Support a Reader program just once a week.

Reading is on a one to one basis and you're slotted in to a team giving support to students with their comprehension. It's not hard, training is given and you reap the rewards of students moving up through their reading levels and our little social gatherings! The program is available Monday through to Thursday and is first up in the morning. A volunteer blue card is required if you're not a parent but this is obtained free of charge through our Learning Support team. If you would like to know any further details please do not hesitate to contact me in our little room at school via the Office or on 55686369.

Thanking you in anticipation.....

Peggy Hall, Support A Reader Coordinator

Circus Fun

Circus skills sessions will continue throughout Term 2 at pickup time on two afternoons a week (currently Wednesday & Friday). Louise from Have A Go Circus will be encouraging parents and children to try their hand at juggling, plate spinning, hula hooping and other fun activities.

Chaplain News

It's been wonderful to see all the kids again after the school holidays! If you were affected by the flooding and need a hand, please contact me at school.

Ks 4 Kids is here again!

If you and your children are looking for a fun day out, the Ks 4 Kids fun run (or fun walk) is on Saturday 17th June! This fundraiser supports Chaplaincy in schools on the Gold Coast. We start at, and return to Queen Elizabeth Park at Coolangatta.

Tickets start at only \$10.00, with this early-bird price ending at the end of this month. If you sign up early, not only do you get a free t-shirt, but your name will be printed on it!

There are a few options for walking and running: 2km, 5km, 10km or 21.1km. There are fantastic prizes, especially if you are fundraising for this worthy cause.

<https://ks4kids2017.everydayhero.com/au/leisa-j-1>

Have a great week!
Chappy Leisa

School Banking News

Congratulations to our Banking Classes of the week – 1M, 3B and 5/6W. There are now 18 School Banking days left before the end of Term 3. Don't forget you need 15 deposits to be in the running for the Commonwealth Bank's major prize of the trip to Japan. Congratulations to the following students who made 10 deposits and received a Bronze Certificate.

Jada - 5S
Riley - 5/6W
Jada - 5M
Harrison - 3G
Boh - 3O
Aoba - 3S
Kai - 3O
Pepper - 3P
Aaron - 3P
Rose - 3B
Bhodi - 1W
Pippa - 1M
Sara - 2W
Genevieve - PM

Diary Dates

Please phone our Events Line on 5568 6388 for ALL up to date information on excursions, interschool sport draws, athletics and cancellations due to weather.

- Student Resource Scheme payments for 2017 are payable now.
- Year 6 Canberra April payment of \$250 due Friday 28 April.
- Year 6 Energy Trailer payment of \$3.00 due Friday 28 April.
- Year 5 Camp balance payment of \$133 due Friday 5 May.
- Year 5 Grip Leadership payment of \$20 due Friday 5 May.
- Chess Kid payment of \$11 due Monday 8 May.

Thursday 27 April	Various	Debut Music Concert in the hall 6pm
Friday 28 April	Yr 5&6	Interschool Sport
Monday 1 May	All	Labour Day Public Holiday
Tuesday 2 May	Yr 6	GC Energy Trailer visit

Wednesday 3 May	All	School Cross Country
Friday 5 May	Yr 6 Leaders	Grip Leadership
Tuesday 9 May	Yr 3&5	NAPLAN – Language Conventions /Writing
Wednesday 10 May	Yr 3&5	NAPLAN - Reading
Thursday 11 May	Yr 3&5	NAPLAN – Numeracy
Friday 12 May	Yr 5&6	Interschool Sport
Mon 15-Thurs 25 May	All	Book Fair in the Library
Tuesday 16 May	Yr 4	Raw Art
Friday 19 May	Yr 5&6	Interschool Sport
Mon 22-Wed 24 May	Yr 5	Camp Goodenough
Thursday 25 May	Selected	District Cross Country
Friday 26 May	Yr 5&6	Interschool Sport
Tuesday 30 May	Yr 6	Raw Art

Snack Shack Roster

Date	Names
Monday 1 May	LABOUR DAY HOLIDAY
Tuesday 2 May	Susana
Wednesday 3 May	Carolyn
Thursday 4 May	Carolyn, Chaille
Friday 5 May	Michelle, Helen, Shelley

Please be advised that Avocado Sushi is now available for the Wednesday Special.

Katrina and Michelle, Tuckshop Convenors

Community Notices

Gold Coast Grizzly's Ice Hockey Club

We are offering free sessions to come & try Ice Hockey in May. All the equipment will be included and it is suitable for all abilities. Please see attached flyer for more details.

Visit Our Website

We encourage our parents, carers and family members to visit our website, to see ongoing class activities.

<http://www.caningerss.eq.edu.au>

Sheryll Eades,
Website Coordinator