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Associate Principal's Column

Helping Children Succeed at School

As parents we all want our children to be happy and successful at school. We want them to get on well with other children and we want them to achieve to their potential academically. But it can often be difficult to know exactly what we can do as parents to help our children in these areas. Through interacting with large numbers of students and parents over the past thirty years and reading various bodies of educational research, I believe I can suggest several helpful strategies for parents who are looking for ways in which they can help their children succeed at school.

- Build a positive attitude toward school in your child. Regularly talk with them about the importance of school and how working hard at school can help them achieve their goals in life. Remind them that the teachers and other school staff are there to help them learn. Your child needs to understand that the school curriculum, procedures and rules are designed to help them get a good education to help them succeed in the future, so they need to try their best to cooperate with their teachers. If your child is clear about the purpose of school, then they will be more likely to focus on putting the necessary effort into their schoolwork.
- Maintain positive contact with your child's teacher. If your child sees that you and the teacher are working together and that you both have the same purpose, then your child will be more likely to cooperate with their teacher and work to the best of their ability.

- Model tolerant, polite and calm behaviour in all of your own social interactions – even in those where you are experiencing conflict. Children generally learn from their parents how to behave in various social interactions. They copy what they see and hear. If you want to increase their chances of making friends with other children, then they need to be shown how to interact positively with others, even when things are not going their way. Children who realise that they have to consider the needs of others, and who know how to cooperate and compromise when necessary, usually have little trouble making friends.
- Read with your children as much as possible, and engage them in meaningful conversation whenever you can. Good literacy and verbal communication skills are central to success at school.
- Praise your children when they try their best. Accept that not every student can always be an 'A' student in every subject. If children are consistently encouraged and praised for putting in a genuinely good effort, they are more likely to work towards achieving their true potential.

Always be mindful of the fact that the biggest influence in your young child's life is you, as parent/carer. The average child spends around 20% of their waking hours at school over a whole year. That means around 80% of their time is spent away from school, so the things they are exposed to and the values they learn outside of school, especially at home, are central to their development as individuals, and can have a major impact on their achievement at school.

Murray Leak, Associate Principal Years 3 & 4

LOTE: Term 3 News

Can- Can News

Congratulations to our cancan troupe who performed during the interim of the Talent Quest last week of last Term. The girls will perform again on Friday 14th July for the French National Day in the hall after first break.

French National Day News

On Friday 14th July children in years 3, 4, 5 & 6 will be able to participate in the celebration of the French National Day by adding a touch of red to their uniform, perhaps a red ribbon in the girl's hair or a pair of red socks for boys. Last year, I was flattered by the large number of children who participated.

For those who are interested in entering the Free French costume competition, a complete costume is required. All children who enter will receive a chocolate as their reward. Special prizes will be given to best dressed.

Hong Kong Study Tour Visit

On Friday 14th July a group of students from Hong Kong will be visiting our school for half a day. They will be accompanied by their Principal and 4 teachers. Most children are aged 8 to 12. Caningeraba buddies have been selected to spend some time with them in class and out of class and guide them during their short stay. This is our second international Study Tour visit this year. I thank our previous buddies for the great job they did.

Madame Wada

MindUp

In Term 3 Weeks 1-3, students from Prep to Year 6 at Caningeraba State School will be learning about perspective taking in their classrooms. This is part of the explicit teaching of social and emotional learning at Caningeraba State School through the MindUp curriculum. This has been part of the implementation KidsMatter Framework Component 2 which is embedding an explicit social and emotional learning program into the school. We believe that social and emotional skills, such as the ability to manage one's emotions and get along with others, play an integral role in academic and life success.



This is some of the learning that your child will be doing in the next few weeks. It would be great if you could discuss this at home with your child/ren as well. Talking about perspective in the family home can help solve lots of little disputes.

Perspective Taking

Perspective taking allows us to consider more than one way of understanding a behaviour, event or situation.

Perspective taking takes practice to develop and can definitely be learnt.

Perspective taking helps us to have an open mind – to pause and consider other viewpoints mindfully.

Calm perspective taking directs incoming on to the reflective, thinking prefrontal cortex instead of to the reflexive, reactive amygdala.

We learn to more accurately interpret the behaviour of those around us and learn to quell anxieties, exercise impulse control and gauge our own behaviours through perspective taking.

Conflict can happen when people want something different or a different outcome. This difference comes based on the preferences, beliefs and experiences of those involved in the conflict. We can consider how to approach this conflict mindfully when we consider someone else's perspective.

When taking perspective we are walking a mile in someone else's shoes. We step outside ourselves and imagine what it feels like to be someone else.

When we take the time to mindfully consider other's perspectives we are less likely to make a quick decision which can often be unfair to others.

Next week we will share with you some of the activities that children will be doing in the classrooms.

Canberra Excursion

Year 6 students from our school will soon undertake an educational tour of the national capital, Canberra. Students will participate in a variety of educational programs with a focus on Australia's history, culture, heritage and democracy.

The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families in meeting the cost of the excursion, the Australian Government will contribute funding of \$60.00 per student under the Parliament and Civics Education Rebate program towards those costs. The rebate is paid directly to the school upon completion of the excursion and was considered in the preparation of the excursion costing.

Library News

Thank you to the Thompson family for their kind donation of books to the library.

School Banking News

Welcome back to all our School Bankers and dedicated volunteers for Term 3. Congratulations to classes PM, 4G and 5S on being awarded our classroom bankers of the week. Don't forget to keep sending in your bank books every Tuesday, as you need a total of 15 deposits by the end of this term to be in the running for the Commonwealth Banks major prize of a trip to Japan.

Congratulations to the following students who have made 10 deposits and received a Bronze Certificate:

5P	Madison	5S	Jake
4B	Savanah	4P	Riley
1B	Harmony	PM	Aston
PW	Azahleea	PS	Indi

Congratulations to the following students who have made 20 deposits and received a Silver Certificate:

6M	Thomas	6M	Joel
5B	Kacey	4S	Hailey
4S	Anthony	3B	Larissa
2G	Dylan	2P	Keira
2G	Jack	2B	Talia
4S	Anni	2G	Leah
1B	Imogen	1B	Jake
1M	Jacob	1W	Jye
1O	Sunnie	1W	Asha
1M	Alex	PM	Mia

Diary Dates

Please phone our Events Line on 5568 6388 for ALL up to date information on excursions, interschool sport draws, athletics and cancellations due to weather.

- Student Resource Scheme must be paid in full by 10:30am Friday 21 July.

Friday 14 July	All	French National Day & French Dress Up Day
Friday 14 July	Various	Hong Kong Study Tour Arrives
Mon 24 – Fri 28 July	Yr 6	Canberra & Day Camp
Wednesday 26 July	All	Uniform Shop Closed
Friday 28 July	Various	Eisteddfod – Recorder Duet
Monday 31 July	Various	Eisteddfod – Recorder Quartet
Tuesday 1 August	Various	ICAS - English
Thursday 3 August	2G/ 2O/ 2P/2W	Currumbin Wildlife
Friday 4 August	2B/ 2M/2S	Currumbin Wildlife
Thursday 10 August	Various	District Athletics

Friday 11 August	Various	District Athletics
Monday 14 August	Various	Oztag Carnival
Monday 14 August	Various	Eisteddfod – Senior Strings
Tuesday 15 August	Various	ICAS – Maths
Tuesday 15 August	PG/PS	Currumbin Farm
Tuesday 15 August	Year 1	Raw Art
Tuesday 15 August	Various	Eisteddfod – Junior Strings
Wednesday 16 August	PB/PR	Currumbin Farm
Wednesday 16 August	Year 5	Eureka Excursion
Thursday 17 August	PM/ PW	Currumbin Farm
Monday 21 August	Various	School Photos
Monday 21 August	Various	Eisteddfod – Year 4 Band, Recorder Ensemble
Tuesday 22 August	Various	School Photos
Tuesday 22 August	Various	Eisteddfod – Year 6 Band
Wednesday 23 August	Various	School Photos
Thursday 24 August	Various	Eisteddfod – Band, Recorder, Ensemble
Friday 25 August	Various	Eisteddfod – Year 5 Band

Caningeraba Tennis Academy

Parents are invited to enlist their child in a free After School Tennis Program. There will be three divisions for all students: Beginners, Intermediate, and Advanced. There are eight places available in each class and the program is on Thursdays from 3:15pm till 4 pm for 6 weeks, starting Thursday, Week 2 and ending Thursday, Week 7 of Term 3.

Classes are held at GCA Tennis Centre, Christine Ave Burleigh Waters. It will be the responsibility of parents to get their children to and from the venue. This program is Free and is run by Mr. O'Toole and coaches from GCA. Families wishing to be involved need to commit to the 6 week program. To sign on please see Mr O'Toole for a permission slip and more information.

Regards
Hugh O'Toole, PE Teacher

Snack Shack Roster

Date	Names
Monday 17 July	Shelley
Tuesday 18 July	Susana
Wednesday 19 July	Carolyn, Rachel
Thursday 20 July	Carolyn
Friday 21 July	Michelle, Helen, Shelley

Katrina and Michelle, Tuckshop Convenors

Visit Our Website

We encourage our parents, carers and family members to visit our website, to see ongoing class activities.

<http://www.caningerss.eq.edu.au>

Sheryll Eades,
Website Coordinator