

TUCKSHOP MENU



To order – clearly write your child’s name, class and lunch order onto the bag. Separate bags for FIRST and SECOND break.



BREKKIE While -U-Wait	
8.20am - 8.40am	
Cheese Muffin Melt	1.00
Raisin Toast – <i>with butter</i>	.60c
Muffin - <i>homemade</i>	1.80
Fruit	1.00
Apple Slinky	1.20
Yoghurt — <i>low fat</i>	2.60
Fruit Snack Pack	2.40
Cheese Stick	1.00

DRINK UP	
Water	1.80
Plain Milk	1.60
100% Popper Juice	1.60
Hot or Cold Milo	1.60
Chocolate/Strawberry Milk	2.20
Banana Milk	2.20

FROZEN TREATS	
Chocolate/Caramel Mony	1.00
Paddle Pops	2.00
Icy Pole	1.00
½ Icy Pole	.50c
Bulla Light Ice - Cream	1.50
Cups (<i>98% fat free</i>)	
Frozen Yoghurt	2.60
Frozen Juice on a Stick	.50c
Frozen Orange Slice	.20c
Slushie	2.00

SANDWICHES 😊	
Honey, Jam or Vegemite	2.00
Cheese	2.20
Egg	2.50
Egg & Lettuce	3.00
Ham	2.50
Ham & Salad	4.50
Ham & Cheese	3.00
Ham, Cheese & Tomato	3.50
Chicken	3.50
Chicken & Salad	5.00
Tuna	2.50
Salad *	4.00
Extra Filling	.50c
Toasted — Extra	.50c
Wrap or White roll	1.00

***Salad ingredients: lettuce, tomato, cucumber, carrot, beetroot & cheese slice**
Sandwiches made on wholemeal bread with no butter. *White bread & butter are available on request.*

WRAP Yourself Up 😊	
Salad* (1/2 wrap)	3.00
Ham & Salad* (1/2)	3.50
Chicken & Salad* (1/2)	4.00

SALAD TUBBIES 😊	
Ham & Salad	4.50
Chicken & Salad	5.00
Salad	4.00

WEDNESDAY SPECIAL - \$3.00
(1ST BREAK ONLY)
Sushi Roll or Vietnamese Roll
MUST BE ORDERED BY 9am
TUESDAY MORNING
See over for menu

THURSDAY SPECIAL - \$6.00
(1ST BREAK ONLY)
Hot Dog, Popper & Cookie

LITTLE SNACKS	
Apple Slinky	1.20
Apple / Orange	1.00
Orange Quarter	.30c
Watermelon Slice	.60c
Fruit Snack Pack	2.40
Boiled Egg	.80c
Cheese Stick	1.00c
Yoghurt – <i>low fat</i>	2.60
Muffins – <i>Homemade</i>	1.80
Cookie	1.00
Red Rock Deli Chips	1.50
Vege Chips	1.50

YUMMY HOT FOOD	
Chicken Chippies x 5 (5 only per order)	4.00
Noodle Cups - chicken	3.00
Lasagne	5.00
Macaroni Cheese	5.00
Sausage Roll	3.20
Steamed Dim Sims x 3	2.40
Party Pie	1.40
Traveller Pie <i>Beef</i>	3.80
Chicken Burger (<i>with lettuce & mayo</i>)	4.50
Corn Cob	1.20
Pizza (<i>Ham & pineapple or Bacon & cheese</i>)	2.50
Fish Fingers X 5 (5 only per order)	3.00

LUNCH BAGS		.10c
Sauces:		
Tomato or Soy		.30c

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AT
www.flexischools.com.au